

# Comparing Special Needs Trusts and the VA-ABLE



Special Needs Trust  
Serving Virginia, MD & DC

Updated: September 28, 2018

Trust Type	First-Party Special Needs Trust (42 USC 1396p(D)(4)(A) (Through an Attorney)	First-Party Special Needs <u>Pooled</u> Trust (42 USC 1396p(D)(4)(C)) (Available at The Arc of Northern Virginia)	Achieving a Better Life Experience (ABLE)	Third-Party / Family-funded Trust (Available at The Arc of Northern Virginia)
Is there an age limitation?	This trust must be established and funded before age 65 in Virginia.	This trust must be established and funded before age 65 in Virginia.	Beneficiary must have been determined disabled before age 26.	No age limitation.
Is there a limit on annual contributions?	No.	No.	Yes. The aggregate of contributions may not exceed the annual gift tax exclusion (\$15k for 2018).	No.
Is there a limit on the total amount that may be held in the trust or account?	No.	No.	Yes, the limit will be set by the state (VA \$500,000). However, if the funds in the account exceed \$100,000 the beneficiary's SSI is suspended; Medicaid is retained.	No.
Are the earnings in the account investments taxed?	Yes.	Yes.	No, if the distributions from the account pay for "qualified disability expenses" per SSA POMS.	Yes.
Who may establish the trust or account?	A beneficiary, parent, grandparent, court, or guardian.	The beneficiary, parent, grandparent, court, or guardian.	The beneficiary at 18+, the parent, the Guardian, or Power of Attorney (POA).	Anyone but the beneficiary may establish this special needs trust.
May the beneficiary be changed?	No.	No.	Yes, as long as it is a brother, sister, step-brother or step-sister who meets the ABLE Act requirements.	It depends on the language in the document and/or whether the third party is dead or alive.
May distributions be made after the beneficiary's death to pay outstanding qualified expenses including a funeral?	If there is a Medicaid lien, then only when permission is requested and received.	If there is a Medicaid lien, then only when permission is requested and received.	Yes, as long as the distributions are "qualified disability expenses."	Yes.
May the State seek reimbursement for Medicaid expenditures?	Yes.	Yes, to the extent that the funds are not left to the managing non-profit.	Yes.	No.
Can a transfer from the beneficiary's paycheck be made to the account?	Yes.	Yes.	Yes.	No.
Are disbursements limited?	Yes, in that they shall not jeopardize means-tested benefits and are for the sole-benefit of the beneficiary.	Yes, in that they shall not jeopardize means-tested benefits and are for the sole-benefit of the beneficiary.	Yes. They shall be allowable disbursements that are "disability related expenses" per SSA POMS. They shall not jeopardize means-tested benefits.	Yes. They shall not jeopardize means-tested benefits <i>but</i> otherwise this trust allows for a broader use of trust funds.

# Comparing Special Needs Trusts and the VA-ABLE



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Are there periodic disability redeterminations?	No.	No.	Yes.	No.
What is Virginia's implementation date?	Already in place.	Already in place.	December 14, 2016	Already in place.
What are the investment choices?	Trustee decides.	Grantor(s) decides with Pooled Trustee/Manager.	State ABLE manager decides with Designated Beneficiary.	Trustee or nonprofit manager/trustee decides with Grantor(s).
Are all contributions liable for Medicaid payback?	Yes.	May be left to the pooled trust in lieu of Medicaid.	Yes.	No.
Does this account replace third party special needs trusts?	No.	No.	No.	This is a third party special needs trust!
How many accounts/trusts may a person with disabilities have?	Unlimited	Unlimited	One.	Unlimited.
Is a transfer from the beneficiary's 529 allowed?	You would need to cash out the 529.	You would need to cash out the 529.	Yes, but there considerations.	No.
Who is responsible for managing the account?	Trustee.	Nonprofit in collaboration with Trustee = Checks and balances.	Designated Beneficiary or whomever assists them.	Nonprofit in collaboration with Trustee = Checks and balances.
What costs are associated with the account?	Legal fees. Trustee may collect management fees, investment fees may be applied; fees for outsourced accounting services.	Nonprofit management, trustee, minimal establishment, close-out fee.	Determined state by state; there may be establishment, investment, administration, check, and management fees.	Legal fees. Trustee may collect management fees, investment fees may be applied; fees for outsourced accounting services. <b>OR</b> Nonprofit management, trustee, minimal establishment, close-out fee.

**\*Please note: All information may be subjected to change. Every effort is made by The Arc of Northern Virginia to ensure that the information is correct. Contact: Tia Marsili, Director of Trusts 703-208-1119 TMarsili@TheArcofNoVA.org The Arc of Northern Virginia Special Needs Trust Program, 2755 Hartland Rd., Suite 200, Falls Church, VA 22043**